DECLARATION

(My specific direction to my family and health care providers)

I, _____, being of sound mind, and at least 18 years of age, wilfully and voluntarily make this declaration to be followed if I become incompetent. This declaration reflects my firm and settled commitment to refuse life-sustaining treatment under the circumstances indicated below.

I direct my attending physician to withhold or withdraw life-sustaining treatment that serves only to prolong the pocess of my dying, if I should be in a terminal condition or in a state of persistent unconsciousness.

I direct that treatment be limited to measures to keep me comfortable and to relive pain, including any pain that might occur by withholding or withdrawing life-sustaining treatment.

In addition, if I am in the condition described above, I feel especially strong about the following forms of treatment:

I (____) do (____) do not want cardio-pulmonary resuscitation.

I (___) do (___) do not want electrocardioversion.

I (____) do (____) do not want mechanical respiration.

I (____) do (____) do not want tube feeding or any other artificial or invasive form of nutrition (food) or hydration (water).

I (____) do (____) do not want blood or blood products.

I (____) do (____) do not want any form of surgery or invasive diagnostic tests.

I (___) do (___) do not want kidney dialysis.

I (___) do (___) do not want antibiotics.

I (____) do (____) do not want to make an anatomical gift of any part of my body, subject to the

following limitation, it any ______.

I realize that if I do not specifically indicate my preference regarding any of the forms of treatment listed above, I may receive that form of treatment.

I made this declaration on the _____day of _____, 20____.

| Declarant's signature: | |
|------------------------|--|
| Declarant's address: | |
| Declarant's phone: | |

The declarant or the person on behalf of and at the direction of the declarant knowingly and voluntarily signed this writing by signature or mark in my presence.

| Witness's signature | · |
|---------------------|---|
| Witness's address: | |

| Witness's signature: | |
|----------------------|--|
| Witness's address: | |

Witness's phone:

Witness's phone: _____